

# Korean Terminology for Belt Promotion

## WHITE BELT

Uniform	Do Bok	도복
Belt	Dee	띠
Attention	Cha Ryot	차렷
Ready	Joon Bi	준비
Horse Riding Stance	Joochoom Sawghi	주춤서기
Front snap Kick	Ahp Chaghi	앞차기
Front Stance	Ap KuB ee	앞굽이
Thank you	Kam Sa Ham Nee Da	감사합니다
1 One	Hana	하나
2 Two	Dool	둘
3 Three	Set	셋
4 Four	Net	넷
5 Five	Da sawt	다섯
6 Six	Yaw sawt	여섯
7 Seven	Il Gop	일곱
8 Eight	Yaw dawl	여덟
9 Nine	Ah Hop	아홉
10 Ten	Yawl	열

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## YELLOW BELT

Bow to the Flags	Kukiae Daehayo Kyong-nay	국기에 대하여 경례
Bow to the Master	Sabumnim Kae Kyong-nay	사범님께 경례
Bow to the Instructor	Sunbaenim Kae Kyong-nay	선배님께 경례
Round house Kick	Dollyo Chaghi	돌려차기
Down Block	Alae Makki	아래막기
Body Block	Momtong Makki	몸통막기
Face Block	Eolgul Makki	얼굴막기
Walking Stance	Ap Sawghi	앞서기

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## ORANGE BELT

Rest	Shee Awe	쉬어
Return to Ready Stance	Baro	바로
Form	Poom Sae	품새
Sparring	Ghyo Roo Ghi	겨루기
Side Kick	Yawp Chaghi	옆차기
Skip Roundhouse Kick	Pareunbal Dollyo Chaghi	빠른발 돌려차기
Hello, Sir or Ma'am	Anyoung Hashim Nika?	안녕하십니까?
Good bye	Anyounghee Kehsaeyo	안녕히계세요

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## GREEN BELT

Axe Kick	Naelyeo Chaghi	내려차기
Double Round House Kick	Narae Chaghi	나래차기
Start	Shi Jak	시작
Knife Hand Block	Sonnal Makki	손날막기
Knife Hand Neck Strike	Sonnal Mok Chigi	손날목치기
Back Stance	Dwee Koo Bee	뒷굽이

### Question:

- *What is your Master's name?* - Master Lee, Sir or Ma'am.
- *What is the meaning of Tae Kwon Do?* - Tae: To Kick with foot  
- Kwon: A hand or fist to block, punch or strike  
- Do: Way of life or philosophy
- *Where does Taekwondo come from?* - South Korea, Sir.

### Answer:

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## BLUE BELT

I am sorry	Mian Habnida	미안합니다
Double Knife Hand Block	Yahng Sonnal Makki	양손날막기
Back Kick	Dwee Chaghi	뒤차기
Break	Gahlyo	갈려
Continue	Gae Sok	계속
Stop	Geuman	그만
Turn Around	Dwee Ro Dora	뒤로 돌아

*Please introduce yourself.*

“Let me introduce myself.

My name is\_\_\_\_\_.

I go to \_\_\_\_\_ school.

I am in \_\_\_\_\_ grade.

I like to \_\_\_\_\_, Sir or Ma’am.”

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## PURPLE BELT

You did a good job	Sugo Hah Shut Seum nida	수고하셨습니다
High Roundhouse Kick	Awl gool Dollyo Chaghi	얼굴 돌려차기
Back Fist Strike	Deung Joomeok Chighi	등주먹치기
Cross Stance	Kkoase Sawghi	꼬아서기
Back Cross Stance	Dwee Kkoase Sawghi	뒤꼬아서기
Breaking	Kyok Pah	격파
Tornado Kick	Dolgae Chaghi	돌개차기

### ***What is to bow and why is it important?***

The bow is the Eastern way of greeting, the same as a handshake in the West. Bowing shows sincerity, respect, and deep concentration, Sir or Ma'am.

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## BROWN BELT

Nice to meet you	Bahn Gahp Seumnida	반갑습니다
You're welcome	Cheonman Eyo	천만에요
Out Side Block	Bakkat Makki	바깥막기
Judge	Shim Pahn	심판
Hook Kick	Hoorye Chighi	후려차기
Spin Back Hook Kick	Dwi Hoorye Chighi	뒤후려차기

### *Why do you yell?*

I yell to develop internal and spiritual strength with concentration and confidence, Sir or Ma'am.

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## RED BELT

Scissors Block	Gawi Makki	가위막기
Tiger Stance	Beom Sawghi	범서기
Jumping Front Sanp kick	Twio Ahp Chaghi	뛰어 앞차기
Jumping Round House kick	Twio Dollyo Chaghi	뛰어 돌려차기
Flying Side Kick	Twio Yawp Chaghi	뛰어 옆차기

***When punching and kicking, what are the three vital spots to hit?***

- I should hit between the nose and mouth (In Joog 인중), Sir.
- I should hit the solar plexus (Myong Chee 명치), Sir.
- I should hit the groin (Nang Shim 낭심), Sir.

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## **BLACK STRIPE BELT**

*What are the tenants of Tae Kwon Do?*

- Courtesy (Yeh yee 예의)
- Perseverance (In Nae 인내)
- Integrity (Yom Chi 염치)
- Self-Control (Geuk Ki 극기)
- Indomitable Spirit (Baek Jawl Bool Gool 백절불굴) Sir or Ma'am!